

# Plants to Embrace

## Wild Ginger

(*Asarum canadense*)

Native Groundcover

- Moist Soils
- Partial - Full Shade
- Flowers: April - May
- Lush green groundcover
- Excellent under trees and shrubs
- Food source for the Pipevine Swallowtail Butterfly
- Used by Native Americans for medicine and to flavor foods
- Spreads quickly
- Semi-evergreen



*Photo: W.L. Wagner, Smithsonian Institution, Dept. of Systematic Biology, Botany; Thomas G. Barnes, USDA-NRCS PLANTS*

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# Plants to Embrace

## White Turtlehead

(*Chelone glabra*)

Native Perennial

- Moist - Wet Soils
- Full Sun - Partial Shade
- Flowers: July - October
- Nectar source for butterflies and hummingbirds
- Larval food source for Baltimore Checkerspot Butterfly
- Leaves used for medicine
- Related species: Pink Turtlehead (*C. lyonni* and *C. obliqua*)



Photo: Thomas G. Barnes, USDA-NRCS PLANTS; Steven J. Baskauf, Ph.D. Department of Biological Sciences, Vanderbilt University

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# Plants to Embrace

## White Wood Aster

(*Eurybia divaricata*)

Native Perennial

- Moist - Dry Soils
- Partial - Full Shade
- Flowers: July - October
- Central disk starts yellow, ages to reddish-purple
- Nectar source for butterflies
- Grows well under trees and along base of hedges; good groundcover
- Reseeds and spreads quickly



Photos: R. Harrison Wiegand, Maryland DNR, Wildlife and Heritage Service; David G. Smith, DelawareWildflowers.org

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# Plants to Embrace

## Woodland Sunflower

*(Helianthus divaricatus)*

Native Perennial

- Moist - Dry Soils
- Partial Sun
- Flowers: July - September
- Nectar for butterflies; seed for songbirds
- Good for shady borders or naturalized gardens
- Excellent fresh-cut flower



*Photo: Thomas G. Barnes. Barnes, T.G. & S.W. Francis. 2004. Wildflowers and Ferns of Kentucky.*

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# Plants to Embrace

## Dwarf Violet Iris

*(Iris verna)*

Native Perennial

- Moist - Dry Soil
- Partial - Full Sunlight
- Good groundcover
- Easily propagated
- Nectar source for butterflies
- Fragrant blue flowers
- Blooms April-May
- Endangered in Maryland



Photo: Jim Murrain; [jimmurrain@hotmail.com](mailto:jimmurrain@hotmail.com)

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# Plants to Embrace

## Wild Geranium

(*Geranium maculatum*)

Native Perennial

- Moist - Dry Soils
- Full Sun - Partial Shade
- Flowers: April - July
- Lavender or pink blooms
- Medicinal uses
- Nectar and seeds for butterflies, songbirds, beneficial insects
- Spreads quickly



*Photo: Thomas G. Barnes @ USDA-NRCS PLANTS; Jennifer Anderson. Wild Cat Den State Park, Muscatine, Muscatine, IA.*

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# Plants to Embrace

## Beebalm / Oswego Tea

(*Monarda didyma*)

Native Perennial

- Moist - Wet Soils
- Full Sun - Partial Shade
- Flowers: July - September
- Nectar source for hummingbirds and butterflies
- Leaves used for mint-flavored tea; other medicinal uses
- Flowers and leaves used in potpourri; perfume source
- Spreads rapidly



*Photo: Thomas G. Barnes. Barnes, T.G. & S.W. Francis. 2004. Wildflowers and Ferns of Kentucky. University Press of Kentucky.*

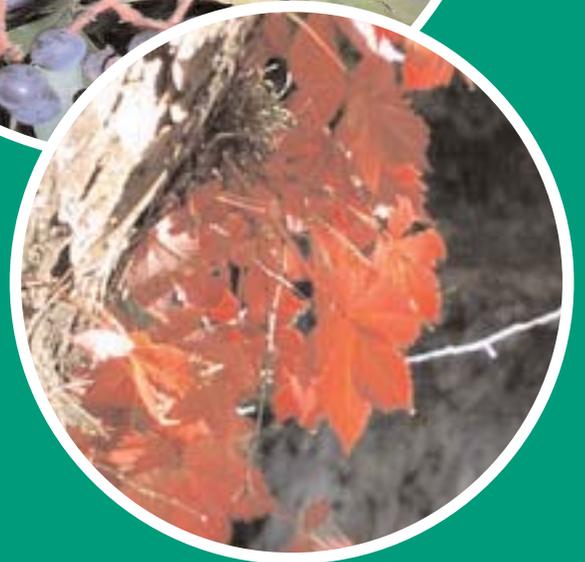
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# Plants to Embrace

## Virginia Creeper (*Parthenocissus quinifolia*) Native Climber/Groundcover

- Wet - Dry Soils
- Full Shade - Full Sun
- Flowers: June - August
- Brilliant autumn color
- Fruit: September - February
- Great ornamental and wildlife value
- Versatile groundcover for either sun or deep shade
- Nectar source and berries for song birds and small mammals
- Good for steep, sunny slopes



*Photo: Image Archive of the University of Texas, Austin*

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# Plants to Embrace

## Creeping Phlox

*(Phlox stolonifera)*

Native Groundcover

- Moist - Dry Soils
- Partial - Full Shade
- Flowers: April - June
- Flower colors: white, pink, blue, purple, violet
- Nectar source for butterflies and beneficial insects
- Fast-spreading groundcover
- Ideal under trees



*Photos: Tripple Brook Farm, Southampton, Mass.*

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# Plants to Embrace

## Wild Stonecrop

(*Sedum ternatum*)

Native Groundcover

- Moist Soils
- Partial - Full Shade
- Flowers: April - June
- Sprays of 1/2" white flowers
- Evergreen groundcover
- Excellent in rock gardens
- Good under trees



*Photo: William S. Justice. Courtesy of Smithsonian Institution, Dept. of Systematic Biology, Botany; toadshade.com*

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# Plants to Embrace

## Golden Ragwort

(*Packera aurea*)

Native Perennial

- Moist - Wet Soils
- Full Sun - Full Shade
- Flowers: April - August
- Long bloom period
- Nectar source for butterflies
- Spreads quickly; can be aggressive



*Photo: Missouri Botanical Garden*

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